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Contact: Chris Hendriks, VP

PR & Communications

516-705-3947

Greg Sleter, PR & Brand Manager

631-828-7418

Catholic Health Services to Host Online Bereavement Support Group

ROCKVILLE CENTRE, NY — Catholic Health Services’s Good Shepherd Hospice will hold a free bereavement support group online for residents who are grieving the loss of a loved one.

Scheduled for Wednesday, April 22, from 6 p.m. to 7:30 p.m. on the video conferencing service Zoom, the support group is limited to 100 people and will include 4 bereavement specialists from Good Shepherd Hospice who will answer questions from participants.

“The goal of the support group is to create a safe, supportive space for people to honor their loved ones and connect with other people sharing similar loss,” said Good Shepherd Hospice’s Director of Bereavement Maribeth McKeever, LCSW-R, ACHP-SW.

Current shelter-in-place and social distancing guidelines have placed limits on wake and burial services, thereby impacting the grieving process. The support group will help decrease the sense of isolation many may be feeling and increase feelings of being connected and supported, McKeever said.

More information on the bereavement support may be obtained by calling (631) 388-1053.

About Catholic Health Services

CHS is an integrated system encompassing some of the region’s finest health and human services agencies. With 18,000 employees, 6 acute care hospitals, 3 nursing homes, a home nursing service, hospice, a community-based agency for persons with special needs and a network of physician practices, CHS’s high standards have resulted in a 24% market share.

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